



Pactrac Junior Triathlon – July 17th 2010

Whilst the long journey to Thrapston saw a drop in number of competitors from 4Life, all those racing gave their best; ensuring we maintained our lead in the East Midlands Junior Club Championships with some great results and personal bests.

Oliver Clay, Emily Whitfield, Tom Dussek, Hannah Clay and Sophie Coldwell all scored a thousand points for the club with impressive first places in various age groups. Finn Moffatt (only two seconds behind Oliver Clay) was second along with Ellie White and Will Barker, leaving Nicole Goulding and Sam Barker third.

Other 4Life competitors doing well and putting in great performances were: Aaron (aka Reggie) Viggers, Peta Jarvis, Jessica Tomlinson, Sophie Beckingham, Rebekah Dussek, Georgia Viggers and James Whitfield.

It was good to have Sophie Coldwell with us and hear her news. Following her impressive performance at Eton the previous week, British Triathlon have invited her to train with the GB team! Sophie will be working with elite athletes including Alistair Brownlee and Oliver Freeman and she is also jetting off to Portugal to train and do a race. Good Luck Sophie!

At club training the following week, when we talked about the race, many commented how organised the event was and how the course and instructions before and after were clear and the leisure centre was a suitable size and well cleaned – so I'd recommend this event for next year – it's worth the drive! There have been lots of early starts and races close together – everyone can now have a well earned break over the summer.

By Rebekah Dussek

