



Leicester Junior Triathlon June 2011

4Life athletes took Leicester Triathlon by storm on June 5th, retaining their lead in the East Midlands Club Championships by picking up almost 5000 points from four outright race wins. The other 42 juniors who did not come first contributed to an enjoyable day of racing and fun.

First out of the pool and charging down the long path joining the transition and the bike course were the Tristarts, with Chloe Goulding and Lucas Wolf-Pudney taking second and first in the girls and boys categories respectively. They were soon followed by the fifteen Tristar 1s, led out by Peta Jarvis and Emily Whitfield, Xavi Salcedo taking his usual 1st place. In fact, Xavi has never been beaten in triathlon since he started last year as far as I know! Peta Jarvis also finished second in the girls.

Tristar2 had lots of the usual competitors competing – Tom Dussek and Ellie White both took second with lots of other 4Life athletes finishing just outside the podium. Tristar3 had another second from Hannah Clay; Olivia Mathias finished about one minute behind to take third and James Whitfield came third in the boys category. Also in this category was Cerys Evison-Varley who was competing in her first race – well done! There were just two 4Life youths racing: Emma Beckwith was the final victory of the day and she was followed by Jo Towndraw.

All athletes were reminded today the importance of rules and safety when a Tristar3 athlete (not from 4Life!) received a minute penalty for dismounting after the dismount line. Everyone should be reminded to check the mount/dismount line before they race and remember to slow down sufficiently in order to dismount before the line and remember to mount after the line.

However, the day was enjoyed by all and I'm sure that all the competitors were grateful for the large amount of support given by parents and other athletes as they saw friends and siblings around the course. Thank you for all the support ☺

Well done to all 46 competitors!

By Rebekah Dussek

