



4Life Tri Club

Triathlon in South Nottinghamshire



## Pactrac Triathlon - July 2009

4Life juniors celebrated fantastic results at Pactrac Triathlon on Saturday 18<sup>th</sup> July, with six out of ten first places. In Tristar, Vincent Machin performed to a high standard to take his second win of the season.

Tristar 1 saw its regular competitors on the podium: Tom Dussek (1<sup>st</sup>), Olivia Wallace (2<sup>nd</sup>), Ellie White and Cameron Reid (both 3<sup>rd</sup>).

There was a strong field of Tristar 2, with James Whitfield and Nick Hobbs finishing 1<sup>st</sup> and 2<sup>nd</sup> respectively. Hannah Clay led from the swim, then extended her lead, to convincingly achieve her first win of the season. She was followed by Rebekah Dussek (4<sup>th</sup>), Olivia Mathias (6<sup>th</sup>) and Eleanor Wallace (7<sup>th</sup>).

Sophie Coldwell provided us with her usual breathtaking display, to win the Tristar 3 girls (she beat all the boys too), and Sam Wass also finished 1<sup>st</sup> in the youth category.

Many parents commented the cycling from all the Thursday juniors was very impressive. Thank you to Dean and Sam for training us so well.

Well done to everyone who raced!

Race Reporter: Rebekah Dussek

