



4Life Tri Club

Triathlon in South Nottinghamshire



## **Mallory Park Triathlon – the first open water event of the year (at least it should have been!).**

The dreary day did not stop 12 junior and 2 senior athletes coming to Mallory Park Race Track for the first open water event and second IRC qualifier.

But when we arrived the race officials declared the lake situated in the middle of the track too cold to swim in: a duathlon would take place instead. This annoyed many of us – immensely.

Despite this, Charlie Howick and Sam Wass both made the most of the draft-legal race by drafting off each other in the Youth category. Sophie Coldwell took second place for the Tristar3 girls: a fantastic performance. Another commanding performance saw James Whitfield win the Tristar2 category and Tom Dussek came third in Tristar1, having dominated the whole bike leg.

Well done to all the competitors who raced.

We now look forward to the first real open water event later this year!

Race Reporter: Rebekah Dussek